

The Mayfair Mirror

Voice of Mayfair Neighbors

Winter 2020

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Photos: Jim Medford

Old neighborhood friends and new joined the Mayfair Neighbors board for its best Shred-a-Thon yet on Oct. 3. Thanks to Dan Percefull of RE/MAX, and Hilary Pruitt of Cherry Creek Mortgage Co., for sponsoring our event this year!

Fall Shred-a-Thon was a success, despite the pandemic

By Jackie Medford, MNI Board Member

It was really a “beautiful day in the neighborhood” (as Mr. Rogers used to sing) at Mayfair Neighbors’ Fall Shred-a-Thon on Oct. 3. At 8:30 a.m., when I pulled up at 14th Avenue and Krameria Street to help set up, people were already waiting in line. When the Pro-Shred Truck pulled up 10 minutes later, we all went right to work. The Pro-Shred driver/helper, Rodell, has worked with us for three years now and is such a joy to be around.

The cars just kept coming and we just kept taking the shreddables from people’s cars and before we knew it we had collected twice the donations/memberships we had ever received before! And thanks to all who said...”keep the change” and “here’s a

donation for all you do!” It was so very appreciated!

Thanks to board members Patricia, Leslie, Elaine Z., Jackie, Jean B., Jeanne S., Dan P., and Dave E., and thanks to all the former board members and neighborhood friends who came out to help: Dan L., Merritt, Collin, Hilary, and Sara Welborn, a resident advisor for Rosemark, who volunteered to help keep the lines moving.

For the first time we were sponsored by MNI board member/realtor Dan Percefull, RE/MAX, danpercefull@gmail.com, 720-290-1118, and reverse mortgage broker Hilary Pruitt, Cherry Creek Mortgage Co., hpruitt@ccmlending.com, 303-888-7319. We

continued on page 3

CALENDAR

save the date

Monthly Board Meeting

The Mayfair Neighbors board meeting takes place the first Monday of the month from 7-8:30 p.m. All Mayfair residents are welcome. If you would like to make a presentation to the Board, please contact Patricia Mulligan and Leslie Reingold at mayfairneighbors@gmail.com. Meetings may be held virtually until further notice. Please email to confirm meeting venue.

- Monday, Jan. 4
- Monday, Feb. 1
- Monday, March 1
- Monday, April 5

MAY

Spring Shred-a-Thon

Saturday, May 8, 9 a.m. to noon

Mayfair Plaza, 14th Avenue and Krameria Street
Sort through those piles and files and then bring your unwanted documents for shredding and recycling to the parking lot in front of 7-Eleven. Mayfair Neighbors' members get three bags shredded for free. Those with more and non-members pay \$15 – or pay \$20 to join and support the neighborhood.

Disclaimer: We are hopeful these events will happen but there's a strong possibility they won't and we will have to cancel due to COVID-19 restrictions. We will keep you posted as we get more up-to-date information.

Submit your Letter to the Editor and/or Photos

Mayfair Neighbors welcomes comments and feedback for possible publication as a "Letter to the Editor" in The Mayfair Mirror as well as photos of Mayfair, Denver and Colorado. Please send submissions to Mayfair Neighbors, Inc., PO Box 200306, Denver 80220-0306 or mayfairneighbors@gmail.com. Content will be reviewed and/or edited for clarity and space. Only those submissions that foster a sense of community and respect will be considered for inclusion.

MISSION:

Mayfair Neighbors, Inc.

"To advance the common interests of the neighborhood by initiating and coordinating actions for the physical, economic, civic, and cultural improvement of Mayfair."

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For advertising or story ideas, contact: mayfairneighbors@gmail.com.

Mayfair Neighbors, Inc.
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Denver, CO 80220-0306

The Mayfair Mirror is a free publication that comes out four times a year in the spring, summer, fall and winter. Circulation is 4,500. To see archived issues and for more information about MNI, please visit

www.MayfairDenver.org



www.facebook.com/MayfairNeighborsInc



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The Mayfair Mirror's advertisers are a special group of local business owners who, in fact, make it financially possible to publish The Mirror.

Please show these fine folks your gratitude. Visit and support their businesses and let them know you saw their ad in The Mayfair Mirror!



Shred-a-Thon continued from page 1

are so grateful to the two of you. This sponsorship allowed us to keep all of the money we raised from this event to use for the neighborhood without being concerned with expenses.

Thanks also to our President, Patricia Mulligan, who brought wonderful doughnuts to fortify us and keep up our strength! Since Board Member Jim Brothers was out of state, his son, Collin, volunteered to fill in for his dad. Never underestimate youth and vigor. And never underestimate the height and strength our former MNI President, Merritt Pullam, brought to the event. It was so good to see him!

All COVID-ness aside, we hope to do it all over again on May 8, 2021. So, start saving up all of the precious

information you don't want others to have and bring it to us in the spring. Thanks to everyone who helped or participated.

Thank You

A special thank you to Dan Percefull and Hilary Pruitt who sponsored the Mayfair Neighbors Shred-a-Thon on Oct. 3, enabling us to have a very successful event. Please support these gentlemen with your business.

Dan Percefull – RE/MAX – 720-299-2228,
DanPercefull@gmail.com

Hilary Pruitt – Cherry Creek Mortgage – 303-888-7319, hpruit@ccmclending.com





Letter from the President

Patricia Mulligan

Are you feeling as ready to shove the year 2020 out the door as I am? So much stress and sadness can wear a person's spirit down, and I know I've had times when I've felt discouraged and disheartened. Mayfair Neighbors, Inc., our neighborhood organization, has had to call off most of our events this year due to COVID, and we had to cancel the publication of the Fall Mayfair Mirror. Georgia and I have had to postpone visits to family members who live out of state and put off a planned trip to England with friends. I have missed attending plays downtown and going out for dinner and a movie. I imagine you have experienced similar disappointments since March. What a depressing time.

When I have taken time to remember things I'm grateful for, however, life looks more upbeat. I have stayed healthy and so has my entire family. I have a roof over my head and food on the table. I have six nearby "designated family" members who I can see often. I can get in the car and drive around town or up into the mountains anytime I need a change of scenery.

And when I look around at how some folks are struggling during this pandemic, my heart goes out to them. Reading about families who are experiencing extreme sickness and death from COVID horrifies me. So many businesses are struggling or have had to shut their doors. Folks who have lost their jobs are desperate to pay the rent or have become homeless.

Mayfair Neighbors, Inc.

"To advance the common interests of the neighborhood by initiating and coordinating actions for the physical, economic, civic, and cultural improvement of Mayfair."

Creative endeavors

But one thing I've noticed is how people have found many creative and imaginative ways to still find joy in their lives. I've been inspired to note how people in our neighborhood and beyond have designed musical events, graduation ceremonies, and block get-togethers in ways that keep everyone safe and appropriately distant. Forest Street residents have been meeting for happy hour at 6 p.m. most every evening since the weather began warming up in March. Anyone who wishes comes out to stand in the street (with or without a drink) to visit and exchange news. We stand six feet apart so it's easy to mill around greeting each other. Few cars use the street at that time, so traffic has not been a problem – we just step back out of the way. Some days it's been a godsend to me to have the upcoming gathering to look forward to at the end of the day.

Another Mayfair neighbor organized a porch concert in her front yard consisting of a jazz band she is familiar with through her son. You can see photos and read more about this enriching event elsewhere in this edition of the Mirror. What a fun evening that was! I have since heard of other neighborhoods doing the same for their residents. The tips collected helped the band members, and everyone on the block got the gift of live music.

Another creative event was the college graduation of one of our young women on the block. Anna was finishing her senior year at The College of Wooster in Ohio when the pandemic sent her home. What a disappointment to miss the special celebrations of her senior spring! Her parents, Jim and Christi, planned a surprise for her graduation day that turned into a gala occasion for all of us on the block. Anna was escorted out of her house to stand on the front lawn as a bagpiper in full regalia slowly and deliberately marched down the street loudly playing tunes. He stopped in front of Anna's house with many neighbors trailing after him. We all gawked as the piper congratulated her, then played more Scottish melodies, including "Scotland the Brave." It turns out that The College of Wooster was founded as a Presbyterian Church of Scotland institution and bagpiping is a traditional part of the commencement ceremony there. Due to her parents' imaginative vision, Anna's neighbors, local friends, and family members were able to give her the cheers and congratulations she deserved.

Stay healthy and try to find creative ways of bringing joy into your life as well as your neighbors' lives!

Donate to local food banks

While MNI fundraisers have been postponed or cancelled, our group wants to take this opportunity to remind you that members of our community are in need of food and basic supplies. If you are able, consider a donation to your favorite food bank. The Greater Park Hill Food Program is close by and oversees several food-distribution programs, all of which are supported almost entirely from donations from the community.

Currently, GPHC needs these items to support its programs:

- Fresh: milk, eggs, bread, cheese, potatoes
- Canned vegetables (anything EXCEPT corn and green beans)
- Canned fruit
- Cereal and oatmeal
- Crackers and chips
- Ziplock bags (quart and gallon)
- Sanitizing wipes
- Laundry soap

For more information or to make a financial donation, visit greaterparkhill.org/food-programs/ or call 303-388-0918.

Support your neighborhood!

Join Mayfair Neighbors, Inc. or make a donation to support our events and publication of The Mayfair Mirror.

We have a variety of memberships – all are tax deductible:

- Individual or Family (\$20)
- Seniors (\$15) Business (\$30)

MNI will accept a membership donation that is comfortable for you.

Please send checks to Mayfair Neighbors, Inc., PO Box 200306, Denver 80220-0306 or pay with a credit card at mayfairdenver.org.

Name _____

Business name (if applicable) _____

Address _____

Phone _____

Email *(to alert you of events and pertinent neighborhood info)* _____

Mayfair Neighbors, Inc. (MNI) is a 501(c)(3) nonprofit organization staffed by volunteers. The Mayfair Neighborhood Association is a Registered Neighborhood Association with the City of Denver.



Everyday Surprises

Wander over to your main street for all the essentials that make your holiday special. Thank you for keeping local businesses in business! And check out the virtual holiday market on our website.

Main Street It



ColfaxMayfairBID.com

 [ColfaxMayfairBID](https://www.facebook.com/ColfaxMayfairBID)  [colfax_mayfair_bid](https://www.instagram.com/colfax_mayfair_bid)

Jimmy's Jersey Street Cafe & Osteria opened in Mayfair during a pandemic



By Leslie Reingold, MNI Vice President and Secretary

To the delight and pleasure of Mayfair neighbors, James 'Jimmy' Lambatos opened his charming Northern Italian restaurant in the Jersey Shopette on June 28, 2020. Having just spent the previous 18 months remodeling his space and complying with city ordinances and permits, he was confronted with the COVID restrictions that were instituted in March. Though dismayed and frustrated with the restrictions, he had too much invested both emotionally and financially to stop development.

This venture is the last entrepreneurial dream of the 68-year-old restaurateur who has been a Denver businessman for the past 48 years. An original owner of Quiznos, and the previous proprietor of Footer's Restaurant, Bauer's and most recently Ivy on the Glen, actualizing such a restaurant had been his dream for years. Because he often traveled to Italy for research when he operated Footer's, he became excited about sharing Italian food. Jimmy is related to Alex and Kathy Papadimitropoulos, owners of the Jersey Shopette, and has been aware of the neighborhood and participated in Mayfair events for many years. Enthusiastically, he wants to become more involved here, and host special brunches for holidays such as Mother's Day and Easter.

Osteria means an Italian inn that serves wine and simple food. That description does reflect Jimmy's ambiance with its lovely pictures, peaceful melodies and enticing aromas. An extensive and interesting range of nutritious and delectable choices are served at lunch, Sunday brunch and dinner. While there are seasonal changes in the menu, his Northern Italian cuisine focuses on veal, lamb, chicken and seafood main dishes with scrumptious cream sauces and vegetables. In my opinion, the veal marsala with its vegetable and pasta sides was delicious. A variety of desserts, such as Limoncello Torta and homemade gelato, diverse coffees, teas and alcoholic beverages round out the dining experience. Children who dine at Jimmy's get a free ice cream cone, a fun placemat with games and an opportunity to register to build a gingerbread house.

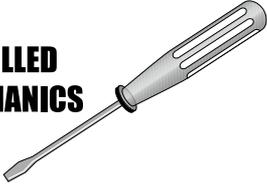
Jimmy plans the menus and his chef, Rodrigo Figuero, whom he has worked with for more than 20 years, prepares the food. A friendly and gregarious host, Jimmy greets everyone with pleasure and interesting conversation. About



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David D. Emick
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half of his patrons are from the East Colfax neighborhoods, 25% are from his past establishments, and another 25% hear about Jimmy's via word of mouth.

At the close of our fascinating interview, Jimmy affirmed that he is committed to operating his Osteria here for the long term. He just finished winterizing his patio and he articulated that he plans to comply with all official city guidelines to protect people so he can continue to provide wonderful meals for the Mayfair neighborhood.

Jimmy's Jersey Street Café & Osteria

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Keep It Close



By Hilarie Portell, Executive Director, Colfax Mayfair Business Improvement District

Wow, what a year it's been. We're all juggling staying safe while soldiering through our daily lives with some sense of normalcy. That's a tough act. For many of us, the pandemic has heightened our sense of community – who we can count on and what really matters.

Understandably, we are out less and consuming less. With that in mind, thank you to all our neighbors who have

made supporting local businesses in the Colfax Mayfair Business Improvement District (BID) a priority. They know that shopping locally is convenient, safe and keeps dollars circulating in our local economy.

Seventy-five percent of our businesses are locally owned, and many owners live in nearby neighborhoods. The broad mix of stores, restaurants and services in our district has been a real strength during this time. You'll find everything from groceries to hardware, popular restaurants and casual takeout, online fitness and yoga, garden supplies and gifts. (A complete list of businesses is at ColfaxMayfairBID.com.) Colfax Mayfair isn't a boutique enclave, a ho-hum suburban mall or a strip of national chains – it's a working main street here for you, our neighbors.

While 40% of our businesses are essential services and weathering this storm pretty well, the rest are struggling to manage these unprecedented challenges.

If forced to fold, many local businesses won't be back. Current city regulations make it expensive and time-consuming to renovate older buildings. During the last recession, we lost local businesses and older buildings, and national chains and drive throughs moved into new one-story buildings. We don't want that pattern to repeat itself. That's why we're advocating for a new adaptive reuse program and zoning to accommodate smaller, shared and more flexible spaces for local businesses and, in some cases, apartments above. This way we'll support local businesses as they recover while providing homes to our many neighbors and workers who need them.

Colfax Mayfair Business Improvement District is focused on business support, marketing, placemaking and clean/safe initiatives. Watch our Facebook page for holiday gift ideas and promotions. And, early next year, we're installing new planter pots throughout the district.

Thank you again for supporting our businesses, business owners and local workers. When you shop, we're grateful that you choose your main street. Please know that our businesses have implemented stringent procedures to keep you and our local workers safe and healthy. We will get through this together!

Stay in touch by visiting our website at ColfaxMayfairBID.com and our Facebook page. We'd love to hear from you – and see you on main street!



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By Jim Brothers, MNI Board Member

Mary Claire, my beautiful spouse, is a lover of leaves. Of all nature, really, but leaves in the Fall especially.

Those trees whose leaves survived that surprise early September hard freeze seemed to have doubled their efforts to give us an Indian Summer treat of spectacular colors. Throughout our Mayfair neighborhood, maples, cottonwoods, ash, Honey Locusts and others I can't name, have shown us a glorious rainbow: everything but blue! (Perhaps to help usher out this strange and unsettling 2020?)

Lover of leaves

Mary Claire is a lover of leaves. On our daily walks with our gray dog, Dickie, she collects various fallen leaves for their colors, of course, and for their unusual shapes and sizes. Perhaps you've seen her; leash in one hand, collection of leaves in the other? Those colors and shapes become wonderful bouquets in our home for winter, as colorful and welcome as any flowers.

Mary Claire is a lover of leaves.





City Council Corner

By Councilwoman Amanda Sawyer

Looking forward as we end an extraordinary year

As we head into the 2020 holiday season, I had to reflect on what an extraordinary year 2020 has been. Certainly, on Jan. 1, none of us could have predicted the global pandemic, the resulting economic crisis, the social unrest, or any of the other challenges our community has faced this year.

As a city, we have had to pivot significantly from where we were headed at the beginning of 2020. Instead of the position of economic strength we expected to enjoy, we have an anticipated \$228 million budget shortfall in 2020 - due mostly to limited sales and lodgers tax revenues this year. As a city, we are relying on our reserves, CARES Act funding, and FEMA reimbursement to provide essential city services to our residents. Instead of expanding optional programs, our city priorities are focused on essential services like rent and eviction support, and food distribution to help keep Denverites housed and fed.

At the District 5 office, our 2020 priority was also ensuring that our district budget dollars remained in District 5 and went directly to supporting our residents and small businesses as immediately as possible. Each Council District receives an annual budget of approximately \$250,000, and district offices must use that annual funding for everything we do, including staff salaries, office supplies, business travel, and anything we want to do in the District like special projects, community outreach, mailings, donations, or special events. As you can imagine that money goes very, very quickly!

This year we took advantage of staff vacancy savings, a reduced need for office supplies, and no travel budget, and directed those funds back into our community. We used that money to support our small businesses and nonprofits, for rental and eviction services and housing support, to get food in the hands of our hungry residents, for our parks and open spaces, and to support community safety – including setting enough money aside to cover the funding for a traffic study of Eighth Avenue. A clear picture of how the District



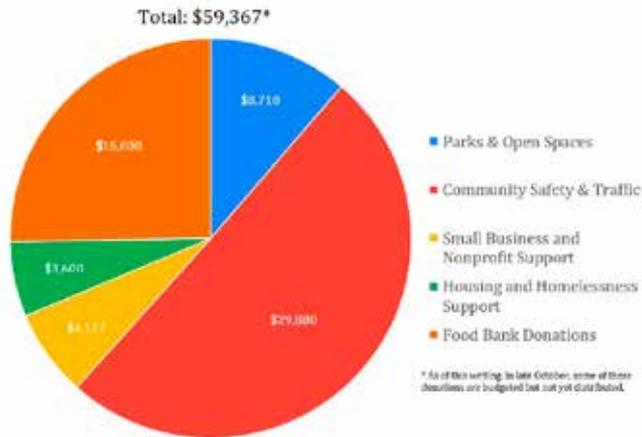
5 office has supported our own this year is shown on the accompanying chart. We are proud of our efforts but, more importantly, we know the funds were and continue to be desperately needed by many of our neighbors.

In 2021, we expect to continue to see deep economic hardship in our community. As of this writing in late October, the Mayor's Budget has not yet been formally approved by Council. However, we anticipate an estimated \$193 million gap between the City's estimated annual revenue and estimated expenditures next year. Residents will see a reduction in some basic services - which you have already noticed, for example the trash cans being removed along Sixth Avenue and Monaco parkways. These changes will not be easy because we have gotten comfortable with a very high level of city-funded services in the past eight years or so. Unfortunately, the financial gap we anticipate is even larger than what the City faced during the Great Recession in 2008.

However, Denver weathered the Great Recession and came back even stronger, and we will overcome this challenge too. As a city, we have a plan in place to accelerate some of our infrastructure improvement projects using funding secured from sources other than Denver's General Fund (like the Elevate Denver Bonds, for example). This plan will create good paying jobs, get people back to work, and help stabilize the economy. It worked in 2008 to bring Denver's economy back, and it will work again.

But it will take some time for our economy to fully recover and so we're grateful for our community volunteers who are helping to fill some of the City's service gaps in the meantime. A huge thank you to the more than 65 District 5 residents who came together for our first D5 Parks and Open Space Cleanup Day on Oct. 11. It was a fantastic effort, and we are so appreciative of each and every

District 5 Community Support Expenditures



volunteer who donated their time and energy to help keep our community a wonderful place to live. Our parks help make our neighborhoods special and have offered much-needed respite during these anxious months. We plan to organize another Clean Up Day in the spring and hope many more of you will join us!

When the clock strikes midnight and it is Jan. 1, 2021, the challenges that face our community are not going to disappear. Our problems are not going to magically resolve. So, as we enter the New Year, let's do it with renewed hope for a brighter 2021. Let's resolve to work together to keep Denver thriving. As always, please don't hesitate to reach out to our office if there is anything we can do to assist you.

Our 2nd Annual D5 Community Survey will close on Dec. 31, and we would be grateful if you would provide us your feedback at bit.ly/d5survey2020. Wishing you and your loved ones a very Happy Holidays and a very healthy and safe New Year.

denvercouncil5@denvergov.org

720-337-5555.

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The Board of Mayfair Neighbors would especially like to thank District 5 Denver City Councilwoman Amanda Sawyer for the continuing support that her office gives to Mayfair neighbors and to the other neighborhood associations within District 5. She supports and participates in regular monthly meetings of the Presidents of the District 5 neighborhood associations, which has been helpful in maintaining communication between groups during these trying Covid-19 times. The use of her newsletter to help publicize neighborhood meetings and events is also greatly appreciated.

Thank you, Councilwoman Sawyer and staff!

Make a difference – support your neighborhood!

Join Mayfair Neighbors, Inc. or make a donation to support our events and publication of The Mayfair Mirror.

We have a variety of memberships – all are tax deductible:

Individual or Family (\$20) Seniors (\$15) Business (\$30)

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Please send to Mayfair Neighbors, Inc., PO Box 200306, Denver 80220-0306 or mayfairneighbors@gmail.com.

Name _____

Phone _____

Business name (if applicable) _____

Email (to alert you of events and pertinent neighborhood info) _____

Address _____

Areas of interest for volunteering _____

Mayfair Neighbors, Inc. (MNI) is a 501(c)(3) nonprofit organization staffed by volunteers. The Mayfair Neighborhood Association is a Registered Neighborhood Association with the City of Denver. Mayfair's borders are (clockwise from the north) Colfax, Monaco, 6th Avenue and Eudora, encompassing more than 3,200 households.

Local business spotlight – get to know your local businesses

By Jean Bolling, MNI Board Member

We all know that our local businesses are struggling because of the Coronavirus. Many of us are still ordering food to go or even eating at restaurants that offer social distancing. We still shop at the big box stores and we each have a favorite business or two we try to support. However, as the Mayfair Board met and talked about our Winter issue of the Mayfair Mirror (online for the first time ever!) we too understood the financial impacts of reduced donations and what we are able to offer so we wanted to highlight a couple of local businesses still trying to make it during this pandemic.

I spoke with two local businesses about how they are doing and what they are doing during these days to operate their businesses safely.

Refresh Studios

Alison Oyler-Mitsch, the owner of Refresh Studios, talked about the challenges of running a business and what she has done to meet customer's needs while maintaining a safe and socially distanced business. Refresh Studios is in the Jersey Shopette between Ninth and 10th avenues on Jersey Street. On its Facebook page, Refresh Studios says it is "a community gathering center focused on refreshing the mind, body and soul through yoga, meditation and movement classes, workshops, events and our experienced practitioners. Enjoy yoga, Zumba, qigong, Feldenkrais, barre fusion, TBC, meditation and more!"

In talking with Alison, she said business is currently about one-third of what it had been pre-Coronavirus. Yoga is still a strong offering as it decreases stress and increases mindfulness, which many of us are looking for these days. Refresh Studios is offering eight in-person classes and 18 Zoom classes. To comply with local and state requirements and to maintain everyone's safety, no more than six people are allowed in a room at one time. The company cleans between every class and has HEPA filters in use, UV lighting and a giant venting system to pull air out of the room. They keep the front and back doors open as much as possible to circulate fresh air throughout the building, and masks are required while inside.

The company's website details everything Refresh is doing to keep its staff and students safe.

Some of Refresh Studio's students have indicated they will not return to in-person classes until COVID is over, but others want to be able to share community in person. Class sizes are restricted, and pre-registration is required. Refresh Studios offers yoga, dancing, healing meditation, Barre Fusion, nutrition and arts and crafts workshops. You can also rent space for your class. Reach out to Refresh Studios for more information.

Refresh Studios

Alison Oyler-Mitsch, owner

950 Jersey St.

720-379-6072

www.facebook.com/RefreshStudiosDenver

www.refresh-studios.com/

Pilates Bodies

The second business owner I spoke with was Leah Busam of Pilates Bodies, which is in the strip center between Kearney and Krameria streets on the south side of Colfax Avenue. Busam said her business is back up to about 50% of what it was pre-Coronavirus, and she is very thankful to her clients who have remained supportive. Her high-risk clients have chosen to stay away until the coronavirus threat is over but many still do attend in-person classes.

Pilates Bodies is a full-service Pilates studio with 12 instructors offering small group instruction (no more than six people per class, including the instructor) to individual instruction. On its Facebook page, Pilates Bodies says it focuses on "enhancing the quality of life for every client—through the proven physical and mental conditioning techniques developed by the visionary health and fitness pioneer, Joseph H. Pilates in the early 1900s." Pilates Bodies uses quality Peak Pilates equipment and offers mat, reformer and tower classes.

The studio offers five in-person classes per day with five students per class. It also offers five or six virtual classes per day via Zoom for those who are more comfortable with greater social distancing but do not want to miss out on their classes. Everyone in the studio is required to wear a mask while there, and the studio cleans the room after each class and disinfects surfaces throughout the day.

There are private lessons with just you and the instructor or

continued on page 13

There's a new owner at Nicholson Cleaners in the Jersey Shopette

After 25 years in the business, Dwight Nicholson retired from Nicholson Cleaners in September. The new owner, Tony Henderson, is committed to sustaining the African American entrepreneurial tradition with his new business in the Jersey Shopette.

Along with being a business owner, Henderson is an experienced Pastor in the AME – Zion Church in Denver. Nourishing and training African American small business entrepreneurs is one of the core missions of the African Methodist Episcopal faith; thus, Tony was inspired and prepared to actualize that calling when the chance to buy the cleaners occurred. He became aware of the opportunity through Mary Lancaster, Nicholson's long-time assistant, who is also a Reverend in the AME – Zion Church. She will continue to work with him and is an invaluable support.

Involved in research regarding the dwindling numbers of African American-owned cleaning establishments in the United States, Tony is excited to be able to continue that venture.

While he will continue, for consistency, the name, and phone number of Nicholson Cleaners, the legal name of the business is Pat's Cleaners, which is named after his mother. He is upgrading the cleaners order and payment systems to provide more touchless interactions. Plus, he'll be working with Pristine Green Cleaners, an environmentally safe cleaning company, to do the actual cleaning. Having signed a two-year lease, he is enthusiastic about working closely with his fellow proprietors. Originally from Mississippi, he describes the atmosphere at the Jersey Shopette as similar to that of a small southern town because everyone is so friendly, open and helpful.

Pilates Bodies continued from page 12

semi-private lessons with you and your instructor on one end of the room and another instructor and their client on the other end.

If you have never done Pilates before, you are required to take one private lesson before signing up for classes.

Pilates Bodies just signed another lease, so it is here for the long haul! Busam says all her clients are like family and she strives to know everyone's name. It is "super important" to her that she maintains a "small business feel." Her cell phone number is right on her business card in case anyone has questions or comments.

Visit the Pilates Bodies website or Facebook page for class information. There is something for everyone.

We've all been challenged in ways we never have been before, and our local small businesses are doing everything they can to offer safe environments and still keep their businesses going. Please consider keeping your dollars local and supporting these Mayfair neighborhood businesses.

Pilates Bodies

Leah Busam, owner

6110 E. Colfax Ave., Unit 3

303-394-6002

www.facebook.com/pilatesbodiesdenver

pilatesbodiesofdenver.com/

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Porch concert in Mayfair



By Patricia Mulligan, MNI President

On a warm and leafy late afternoon in October, Forest Street residents were treated to an outdoor concert of live jazz music in the front yard of our neighbor Gretchen Rosenberg. She invited all the folks up and down the street to bring a lawn chair and a snack, mask up, and come hang out with neighbors (maintaining six feet distance, of course). The quintet is called The Pet Friendly Jazz Collective; it consists of friends of Gretchen's son Joe, all

of whom are either East High School or Denver School of The Arts alums.

Dogs and cats were welcome, too, and one concertgoer even brought her parrot! Family groups spilled out onto Gretchen's driveway and sidewalk, into the street and across the street. The five young men were accomplished musicians who entertained us for nearly two hours. The musical artists were:





- Ike Spivak on tenor saxophone (flower top on saxophone)
- David Bernot on tenor saxophone (black mask)
- Sam Valdez on guitar
- Ken Walker on bass
- Calvin Davis on drums

Special thanks to Mathilde Moine for providing the photos for this article.

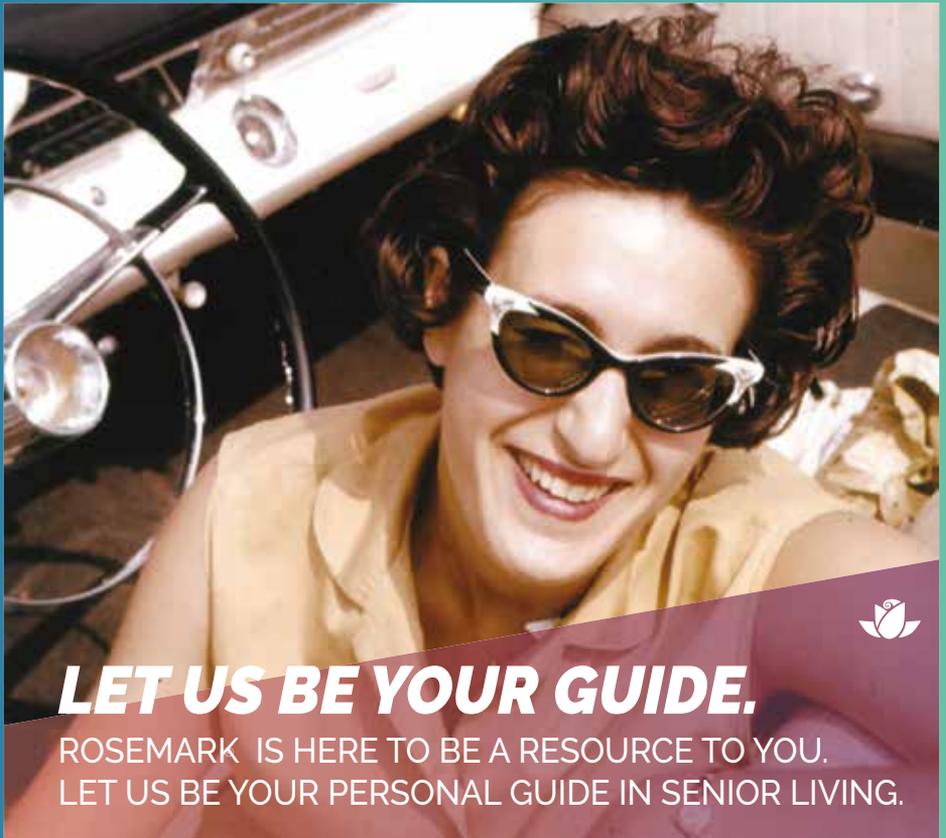
The website for The Pet Friendly Jazz Collective is calvindavisdrums.com/petfriendly.

I was especially impressed to see such an imaginative way to gather people together during this time of COVID. We all were able to stay safe while enjoying the irreplaceable pleasure of live music. Thanks, Gretchen!



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What to do with old crayons



By Pat Kittelson, a Mayfair Neighbor

Its Wednesday morning on Hudson Street and the rubbish and recycling bins are lined up at attention. In these days of COVID, it is helpful to see the green, black and purple bins along the curb to remind us that it is Wednesday. Hearing the regular rumble of the pickup trucks is a city sound that makes me grateful to live in Mayfair where we have excellent options for trash, recycling, and composting.

Back in the 1980s recyclers were asked to sort washed glass, newspapers, and aluminum and tin into separate bins. There were still plenty of items that didn't fit into those categories that ended up being thrown out. Even with single stream recycling, it can still be difficult to recycle Styrofoam, wood scraps and broken plastic toys. And what about old crayons? Most families have a box of unused and unwanted old crayons sitting in a closet or cupboard with nowhere to go except in the trash, which is where most old crayons go.

In full disclosure, I am a crayon fan. I recall getting that fresh new box of 24 crayons at the beginning of each school year and jealously eyeing the classmate who was

lucky to have a box of 72 crayons. I could not wait to get to use those bright-colored, perfectly sharpened sticks. By the end of the school year, those same crayons were often broken, used down to a small nub and the paper wrapping peeling. I took the battered boxes home for the summer, dumped them into the old crayon box where they lay forgotten and probably eventually thrown in the trash.

I started searching the Internet on recycling crayons and was quickly directed to the National Crayon Recycling Program www.crazycrayons.com/recycle-program/. Imagine my surprise when I discovered the home for this program was located just up the road in Golden, Colorado! I called them and introduced myself to Kim and Attila, owners of Crazy Crayons and operators of the National Crayon Recycling Program. Kim and Attila had recently acquired the business from another Colorado owner and were in the process of managing their first year. They welcomed a visit from me to the studio and a crayon friendship was born.

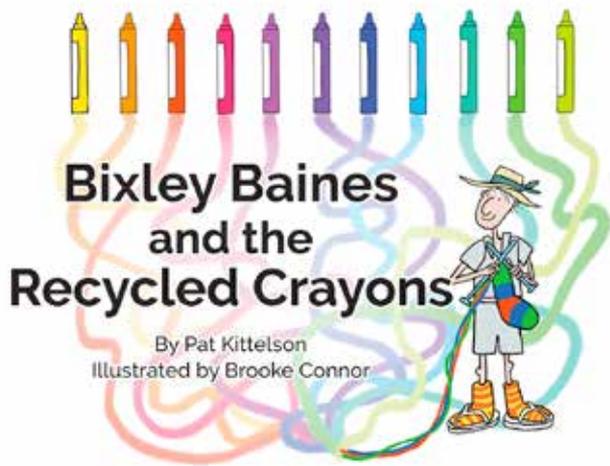
Graciously, Kim and Attila shared their processes and products with me and took me on as a volunteer crayon sorter. Recently retired, I relished volunteering for this program. I hauled large boxes of used crayons home and spent four hours each week sorting them into color groups. The bags of sorted crayons were delivered back to their studio, melted, and crafted into new crayons.

After a couple months, we started talking about a coloring book to highlight this program and my Bixley Books crept into the conversation. Brooke (illustrator) and I were instantly inspired and got to work on Bixley Baines and the Recycled Crayons published in October 2020.

Of course, in starting any Bixley adventure, there is

Note: I called the Denver Recycling office and was directed to their website with great local information including nearby drop off sites for all sorts of items: www.denvergov.org/content/denvergov/en/trash-and-recycling/recycling.html.

If you are interested in getting a green composting bin, join the over 25,000 neighbors in the program by signing up through www.denvergov.org/content/denvergov/en/trash-and-recycling/composting/compost-collection-program.html. The cost is \$29.95 every three months.



*Mayfair Neighbor Pat Kittelson encourages crayon recycling in her new book, **Bixley Baines and the Recycled Crayons**. Kittelson volunteers at the National Crayon Recycling Program in Golden, Colorado. That organization melts down old crayons and turns them into new ones.*

homework. Besides information from Kim and Attila, I needed to learn the history of crayons, the composition of crayons, the chemistry of wax and the estimated annual amounts of used crayons lying in landfills. Here are a few highlights:

- Using colored wax for drawing has been around for thousands of years when Egyptians and Greeks used heated wax with pigments for decorating warships and tombs.
- Coloring crayons as we know them developed in response to the growth of the Kindergarten movement at the end of the 1800s.
- Edwin Binney and C. Harold Smith founded the Crayola crayon in 1903.
- Paraffin wax, a petroleum product, is the most common wax used in crayons, but there are also crayons made from soy, carnauba, and bees' wax. Paraffin does not easily break down in landfills.
- 12 million crayons are made each day and about 60 million tons of crayons have the possibility of ending up in landfills each year!
- The National Crayon Recycling Program recycles 40,000 – 120,000 pounds of crayons each year.
- If you or your scout troop or school are interested in a recycling project for 2021, you can send your used crayons to the program at:



CRAZY CRAYONS

6495 E. Placita Madera Antigua,
Sahuarita, AZ 85629

*Read about Bixley's adventures recycling crayons in **Bixley Baines and the Recycled Crayons** by Pat Kittelson and Brooke Connor - available through Amazon.com and Inkberry Books in Niwot. Visit www.bixleybooks.com for more information or to contact Pat directly.*

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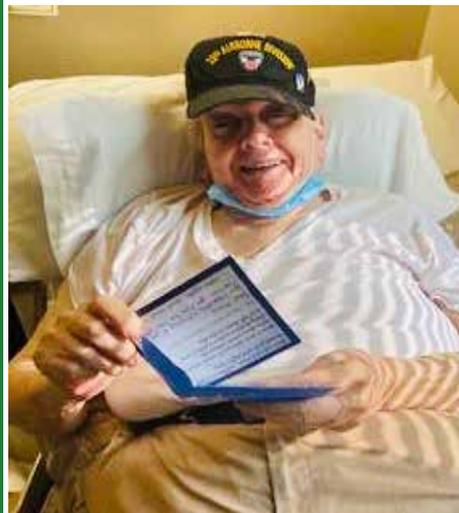
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New charitable group helps seniors



By Holly Flexer, Sarah Nichols, Cindy Wike and Bonnie Liu

Being a person at high-risk during the time of a pandemic means lots of isolation. This has greatly impacted the already often forgotten communities in senior living and rehabilitation facilities. Kindness for Seniors is a new charitable group whose aim is to alleviate some of the loneliness and bring a smile to seniors' faces.

The project began early this summer when Cindy Wike simply posted a message on the Nextdoor website asking that the community not forget about seniors in need who might be quarantined indefinitely. She generously wanted to make this her birthday project. Instead of gifts, Wike asked her family to donate to the cause so close to her heart. Lots of love, dedication, time, and donations began filling her garage. Some of us are Mayfair Neighbors. We have organized more than 10 deliveries of gift bags, TVs, DVD players and baby plants to various senior living facilities.

Strategic deliveries

We deliver donations to a different facility about every three weeks, strategically coordinating with each facility director to follow disinfecting guidelines. Items are also quarantined for several days before delivery to residents. We are focusing on the numerous facilities in the Denver/Metro area, such as Berkley Manor, Brookshire and The Community at Franklin Park.

Since many of you have been cleaning out closets during lockdown, you might have a few items that would spark joy for the senior residents. Please see the complete list of items needed such as: lap blankets, easy adult coloring books,

hand-written cards, blank postcards, new men's & women's no-skid socks, small decorative items for their rooms, large print word find/crossword books, large piece jigsaw puzzles, DVDs, new unused toiletries, hair brushes and combs, soaps, pre-sharpened colored pencils, magazines with great pictures, large print decks of playing cards, kids' drawings, blank journals and ink pens.

We arrange times for donations throughout each week. Thank you to everyone who donated items to previous facilities. You are a wonderfully warm-hearted, kind community.

We are working in conjunction with a local restaurant (Brother's BBQ) which has been providing bagged lunches to the front-line heroes (staff) at these facilities on or near the day we deliver the gift bags. We extend our deepest gratitude to Brother's BBQ for their ongoing partnership!

We are preparing for our next delivery to another facility. **Please email us if you have items to donate.** We will arrange pickup or coordinate your delivery to one of our team members.

Email us at kindnessforseniors@gmail.com.

Hand-written cards are deeply appreciated; we include one in each gift bag. Checkout our Facebook Group at Project Practice Kindness for pictures and gift bag ideas.

Monetary donations are now accepted through Gofundme.com at <https://gf.me/u/yuck4h>.

We deeply appreciate your generosity and support. Be someone's sunshine today.

The gift of gardening

By Jean Ercolani

The Park Hill Garden Walk is offering a unique gift of gardening tips and tricks in a 2021 calendar. This beautiful and unique calendar not only showcases images from Park Hill Gardens over the years, it also provides useful Colorado Front Range gardening information for each month throughout the year.

In November, for instance, it recommends that gardeners plant garlic bulbs outside, plant spring bulbs, and remove leaves, trash and debris from rose beds to minimize over-wintering disease and insect pest eggs.

This is just a tiny sample of the abundance of information provided in this calendar created specifically for the Colorado Front Range gardener. You'll learn when to plant, prune, fertilize, mulch, watering tips and so much more to create and maintain a beautiful garden.

I find Colorado gardening quite challenging and have found the tips included in the calendar to be quite helpful. Consider buying one for yourself or as a gift to family and friends this holiday season.

The Park Hill Garden Walk Calendar is \$20. It measures 12" x 24" when open. Supplies are limited, so don't delay. They are available for purchase at:

- City Floral Garden Center, 1440 Kearney St.
- Ace on the Fax, 7100 E. Colfax Ave.
- Cake Crumbs Bakery & Café, 2216 Kearney St.
- Spinelli's Market, 4621 E. 23rd Ave.
- Park Hill Community Bookstore, 4620 E. 23rd Ave.
- Long Table Brewhouse, 2895 Fairfax St.

You may also purchase online at parkhillgardenwalk.org/calendar/. You'll be able to pick up your online order at the Park Hill Community Office, 2823 Fairfax St. on Mondays and Wednesdays between 9 a.m. and 3 p.m. after Nov. 2.

A special thank you to City Floral Garden Center, the primary sponsor of this calendar. Their generosity and ongoing support of the Park Hill Garden Walk is truly appreciated. City Floral is also a primary contributor to the



gardening tips found in the calendar.

The Park Hill Garden Walk committee is a group of volunteers working to raise funds to support the Greater Park Hill Community mission. Greater Park Hill Community, Inc., is a volunteer-based registered neighborhood organization that promotes the character and vibrancy of Park Hill through its resources, information and advocacy, all while preserving the quality of life and the history of the neighborhood through community participation. Learn more and get involved in the Greater Park Hill Community at www.greaterparkhill.org.

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The importance of winter tree maintenance



By Michael Swanson, City Forester, Denver Parks and Recreation

As winter approaches, many Denverites are preparing for the cold months ahead by blowing out their sprinkler systems and composting their leaves. But many mistakenly think their trees are self-sufficient and that the snow, when it comes, will provide enough moisture to sustain them until spring. That's, unfortunately, not the case. Trees need water year-round, especially in our arid climate.

Here are a few signs that your trees may be in distress and tips for how to winterize your trees to help them stay healthy year-round:

Signs of trees in distress:

- Trees that exhibit premature autumn color or shed leaves prematurely
- Advantageous shoot growth along the branches and/or trunk of the tree or near the base of the tree
- Deadwood throughout the crown of the tree

Tips for your trees in winter months:

- Use 20 gallons of water per week for every inch of diameter of tree (for instance, a 2-inch diameter tree needs 40 gallons of water in a one-week period). A new tree will need focused watering atop the root ball and then throughout the rest of the planting area.
- Apply mulch around the tree, leaving a six-inch gap between the tree trunk and the start of the mulch; mulch should extend by a three-to-four-foot radius from the trunk of the tree or to the dripline (whichever comes first).

- Portions of Southern or Southwestern-facing trees are subject to sun scald. Sun scald is the damage that occurs to living cells just underneath the bark of a tree due to the day-and-night fluctuations during Colorado's

winter months. Signs of damage include discolored and/or cracked bark or sunken areas within the bark. This is a serious byproduct of our warm winter days. To avoid this, you can wrap your tree's trunk using materials such as cloth or tree wrap available

at a hardware store. Butcher paper is a great tool as it is waterproof and removes/absorbs some of the energy that the sun produces.

- Keep an eye out for signs of emerald ash borer (EAB), which has destroyed millions of ash trees in the Midwest, has been discovered in Boulder and recently in Arvada and will inevitably arrive in Denver sometime in the near future. There are an estimated 1.45 million ash trees in the Denver metro area, including 330,000 in the City and County of Denver. That means that one in six Denver trees are ash trees, and they can be found everywhere in the Mile High City – with the majority on residential properties.
- Become familiar with the Be A Smart Ash campaign, which aims to actively educate and enlist the help of you – our City and County of Denver residents – in the process of identifying, treating and replacing ash trees.
- Check out beasmartash.org for an interactive tree inventory map and information about ash tree treatment options and resources to find a tree care professional.

Recommended tree care supplies include:

- Water device (such as a soft spray wand) for winter watering (can also be used year-round)
- Soil moisture meter (it tells you when the soil is dry and needs water)
- A hose (make sure it's the right length to reach your trees if they are a long distance from your spigot)
- Tree wrap

continued on page 21

Beware who you are paying through P2P apps like Venmo and Apple Pay

By Beth McCann, District Attorney of Denver

Consumers love the convenience of virtually sending money through Peer-to-Peer or P2P apps like Venmo (operated by PayPal), Apple Pay, Zelle and Cash App, among others. These apps provide an easy way to split a restaurant bill with your friend, send your college-bound child some extra cash or send a little birthday money to your son-in-law. Unfortunately, scammers are enjoying these apps as well.

There have been an increasing number of complaints from consumers who report they have lost money after a fraudster asked for payment via a P2P app. Many consumers mistakenly believe that P2P payments have the same protections as a debit or credit card. That belief is reinforced as many P2P apps are associated with a bank, but that is not true. Just like wiring money or sending a MoneyGram, once the money is sent via a P2P system, it is nearly impossible to get the money back or refunded.

Here are five tips to avoid falling victim to a P2P scam:

- Do not use P2P services with strangers. Keep these payments between friends and relations, meaning only people you know personally.
- Do not use P2P for any commercial use, such as buying something online. If an online retailer or business requests payment via a P2P service, you can be sure it is a scam. Many P2P services specifically prohibit commercial use. Read the terms and conditions of the service. Once you send a payment, you have little recourse. P2P services assume you meant to send the

payment and weren't forced to do so.

- Triple check the username, address and phone number you are paying. If you make a mistake and send the money to the wrong person, it can be difficult, if not impossible, to get the money back. Try sending a small amount first to ensure you are dealing with the correct person.
- Opt-In for stronger security. Almost every popular P2P platform offers the ability to create a personal identification number (PIN). Once the PIN is created, a user is required to enter it when they open the app, or before they are able to transfer the money. This is especially helpful if your phone is lost and ends up in the wrong hands. (You do password protect your phone don't you?)
- Social Media. Some systems or apps might share information about your transactions on social media. Check social media permissions or settings. Some may be set to share your information with everyone by default. Adjust your settings based on what you're comfortable sharing. Why would you want to broadcast your money information to the public?

Winter Tree Maintenance continued from page 20

- Pruning shears to remove dead wood
- Gloves
- Compost comprised of organic food scraps and yard waste (use it on your trees, grass or flower beds when you are refreshing your mulch; when using compost with your trees, do not apply more than a quarter inch per year within the dripline of the tree, and make sure the compost does not come into contact with the trunk of the tree or roots)

Learn more about winter tree care by watching the third episode of Water, Trees, Life at https://youtu.be/Ff3wqWv6R_I

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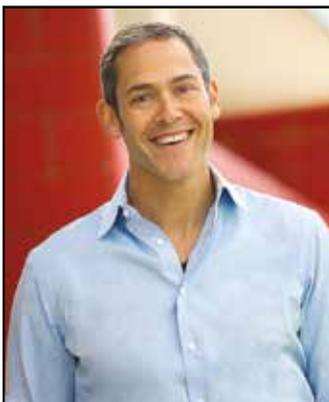
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Ave. Pkwy. on the south. The Mirror is distributed free of charge to over 3,500 residences and businesses within Mayfair, and is made possible through the support of MNI members and local advertisers. For information about advertising in our next newsletter, please call

303-393-1363. MNI reserves the right to refuse any advertisement. We invite you to send any questions or comments about MNI, The Mirror, or the Mayfair neighborhood in general to: Mayfair Neighbors, Inc., PO Box 200306, Denver, CO 80220.



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